

FRIDAY

Week 3

- M** Fish fillet & tomato sauce
- V** Vegetarian wrap
- S** Chips, pasta, seasonal veg
- D** Home-made cookie/
biscuit & fruit juice

- M** Salmon nibbles & tomato sauce
- V** Cheese & pineapple muffin
- S** Chips, pasta & seasonal veg
- D** Home-made cookie/biscuit & fruit juice

- M** Fish fingers & tomato sauce
- V** Mexican bean burrito
- S** Chips, pasta, seasonal veg
- D** Home-made cookie/ biscuit & fruit juice

MEAT FREE DAY!

if you have any allergy concerns, please call in and see Sally the canteen manager

| | | | | | | | | | | | | | |
|--------------------|--|--|--|--|---------|---------------|----------|------------|--|--------|--------|--------|---------------|
| Key to menu items: | | | | | M: Main | V: Vegetarian | S: Sides | D: Dessert | | Week 1 | Week 2 | Week 3 | Holiday/inset |
|--------------------|--|--|--|--|---------|---------------|----------|------------|--|--------|--------|--------|---------------|

Jacket potato, yoghurt, fresh fruit salad, fresh salad and milk drink are available every day

| September 2017 | | | | | | |
|----------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | |
| October 2017 | | | | | | |
| S | M | T | W | T | F | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |
| | | | | | | |
| November 2017 | | | | | | |
| S | M | T | W | T | F | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |
| | | | | | | |
| December 2017 | | | | | | |
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |
| January 2018 | | | | | | |
| S | M | T | W | T | F | S |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |
| | | | | | | |
| February 2018 | | | | | | |
| S | M | T | W | T | F | S |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | | | |
| | | | | | | |