



ZUMBA

FIT STEPS



#FUN

**WANT TO GET FIT & FEEL GREAT?
COME & TASTE THE JM DANCEFIT FITNESS FUN
WITH YOUR**

FIRST CLASS

****FREE****

Just choose a class from the list on the reverse of this leaflet.

***ONE FREE CLASS PER NEWCOMER WITH THIS LEAFLET TO BE
USED BY 1st AUGUST 2018**

Visit

www.jmdancefit.co.uk

or contact Johanna on 07739 518 587

Facebook: JM DanceFit – Johanna Morgan

Instagram: [jm_dancefit_johannamorgan](#)



DanceFit



DanceFit

ADULT CLASSES



DanceFit

£6 per class

ZUMBA

MONDAYS 10.00AM – 11.00AM

ALL SAINTS CHURCH HALL

ALL SAINTS ROAD, SIDMOUTH, EX10 8ES

MONDAYS 6.00PM – 7.00PM

SEATON TOWN HALL

FORE STREET, SEATON, EX12 2LD

FRIDAYS 10.30AM – 11.30AM

ST FRANCIS CHURCH HALL

WOOLBROOK ROAD, SIDMOUTH, EX10 9XH

ZUMBA GOLD

A LOWER IMPACT CLASS

WEDNESDAYS 10.00AM – 11.00AM

SEATON TOWN HALL

FORE STREET, SEATON, EX12 2LD

THURSDAYS 11.15AM – 12.15PM

ST FRANCIS CHURCH HALL

WOOLBROOK ROAD, SIDMOUTH EX10 9XH

THURSDAYS 6.45PM – 7.45PM

SIDFORD SOCIAL HALL

BYES LANE, SIDFORD, EX10 9QX

FITSTEPS

GET FIT THE 'STRICTLY' FUN WAY

WEDNESDAYS 6.00PM – 7.00PM

ST FRANCIS CHURCH HALL

WOOLBROOK ROAD, SIDMOUTH, EX10 9XH

THURSDAYS 9.30AM – 10.15AM

SEATON TOWN HALL

FORE STREET, SEATON, EX12 2LD

CHILDREN'S CLASSES & PARTIES ALSO AVAILABLE

FACEBOOK JM DANCEFIT – JOHANNA MORGAN

FACEBOOK

WEBSITE www.jmdancefit.co.uk

WEBSITE