

# SCHOOL EXTRAS



## SIDMOUTH NETBALL CLUB

Years 5 – 8 girls welcome



### COVID SECURE TRAINING

St John's  
International School  
Sidmouth



**SATURDAY MORNINGS**  
Summer term: 24 April to 22 May

U11s (Years 5-6)  
9 – 10am

U14s (Year 8)  
10:15 – 11:15am

U12s (Year 7)  
9 - 10am

All training will move to  
evenings from September

For more information visit:

**[sidmouthnetball.co.uk](http://sidmouthnetball.co.uk)**

[sidmouthnetball@gmail.com](mailto:sidmouthnetball@gmail.com) or find us on Facebook

Sidmouth Netball Club are making plans to return to court after Easter. We aim to encourage girls of all abilities to develop an enjoyment of team sport, develop confidence and have fun in a safe and nurturing environment. We currently have spaces for girls in school Years 5-8.

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## **FREE 4-WEEK INTRODUCTION TO CRICKET SESSIONS FOR GIRLS STARTING FROM 15 APRIL 2021.**

Firstly, we hope everyone remains in good health. The return to schools for the children is a first step in the road map back to more normal activities. We hope that this has gone smoothly for you all and has not proved overly stressful.

We have now received some guidance from the ECB, which means that in line with the government roadmap plan we will be able to run outdoor sessions after 12 April.

We have therefore decided to run the FREE 4-week introduction to cricket sessions for girls, that we promised last year. These will take place ahead of our Girls Dynamos which starts on 14 May.

These initial sessions are intended to allow girls to drop in and just try cricket.

They will take place at Sidmouth CC on Thursday evenings, 4.45 to 5.45 pm, from 15 April (so 15, 22, 29 April & then the last session on 6 May).

These sessions will remain free to attend and the hope is that everyone will enjoy themselves and want to continue by registering for SCC Girls Dynamos.

**To attend these sessions you will need to pre-register to ensure that we can prepare for the correct number attending, please contact Lou Dalton:**

**[loudalton1@hotmail.co.uk](mailto:loudalton1@hotmail.co.uk)**

Sidmouth Girls Dynamos will then start on 14 May. Registration for this opens on Monday 22nd March via the ECB website. We will share a reminder and link on that date. Meanwhile please visit <https://www.ecb.co.uk/play/dynamoscriccket> to find out more about the programme. Please note that ECB Dynamos is a flexible programme. This means the website will talk about boys and age ranges of 8-11. SCC Girls Dynamos 2021 will be run as girls-only for ages 8-12. Our focus is to get girls playing cricket and having fun.

If you have any questions please do get in touch, we look forward to playing some cricket soon.

Antony & Lou

For further information, please contact:

Antony Cox

All Stars & Girls Cricket Coordinator

**Sidmouth Cricket Club**

Phone 01395 568316

Mobile 0771 2000 521

Email [coaching@ac4designs.co.uk](mailto:coaching@ac4designs.co.uk)



# SCHOOL EXTRAS

## Easter bucket list



The challenges of home schooling as a temporary teacher and supporting your child as a parent has been difficult.

As we look towards the Easter break, prioritising ways you and your family can look after your mental health and taking time out to be only a parent again is so important.

Our Easter bucket list is a great way to spend time doing positive activities with your child, can provide a space to talk through any concerns and bring you closer together.

**Here are some bucket list activities ideas you could do together.**

☐ Puzzle or jigsaw

☐ Plant something

☐ Look at photos together

☐ Remember together a favourite family memory

☐ Turn recyclable waste into works of art

☐ Learn a recipe together

☐ Family dance-a-thon

☐ Make a gratitude jar or tree

☐ Tree spotting or signs of spring spotting

☐ Write or draw chalk messages or pictures



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## Egg Decorating Competition!



Let's get creative this Easter holidays!

You can decorate any egg; a drawing, a chicken egg, ostrich egg...  
anything goes!

Use any medium to decorate it; pens, paints, stickers, glitter...  
your only limitation is your imagination!

## Prizes to be won!

### Only £1 per entry

Payable through the PTFA option on Schoolcomms payment system,  
or by cash to your class teacher after the holidays

Ask your grown-up to send a photo of your creation, clearly labelled  
with your name and class to; [terilouisemurphy@yahoo.com](mailto:terilouisemurphy@yahoo.com)

## Closing date for entries: 18<sup>th</sup> April 2021

All proceeds to the PTFA, registered charity No: 1015155