



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



If you have any allergy concerns, please call in and see Sally the canteen manager

Week 1

M Chicken nuggets
 V Vegetable stir fry (DF)
 S Pasta, wedges & beans
 D Vanilla sponge & custard

M Mediterranean pasta bake (DF)
 V Cheesy wheel
 S Crusty bread & veg. of the day
 D Lemon shortbread

M Roast Beef (DF) & Yorkshire Pudding
 V Quorn fillet
 S Roast or mashed potato, seasonal veg & gravy
 D Strawberry mousse

M Cheese & bacon pizza
 V Vegan fishless fingers (DF)
 S Pasta, wedges & veg. of the day
 D Chocolate cake & sauce

M Fish fingers (DF)
 V Vegetarian burger
 S Chips, pasta & veg. of the day
 D Home-made cookie & fruit juice

Week 2

M Spaghetti Bolognese (DF)
 V Cauliflower cheese
 S Garlic bread & veg. of the day
 D Chocolate cracknel

M Chicken Korma
 V Vegetable samosa (DF)
 S Rice, potatoes, naan bread
 D Ginger slice & toffee sauce

M Roast loin of pork (DF) & apple sauce
 V Roast vegetable tartlet
 S Roast or mashed potato, seasonal veg. & gravy
 D Mini doughnuts

M Beef Hot Pot (DF)
 V Quorn dippers (DF)
 S Crusty bread & veg. of the day
 D Pineapple cake

M Salmon Bites (DF)
 V Vegetarian wrap
 S Chips, pasta & veg. of the day
 D Home-made cookie & fruit juice

Week 3

M Toad in the hole
 V Pea & mint risotto
 S Pasta, wedges, gravy & veg. of the day
 D Flapjack

M Home-made sausage roll (DF)
 V Vegetarian chilli
 S Beans, pasta or sauté potatoes
 D Sticky toffee pudding & custard

M Roast gammon & pineapple
 V Country garden crumb
 S Roast or mashed potato & veg. of the day, gravy
 D Vanilla ice-cream & wafer biscuit

M Chicken & ham pie
 V Vegetarian sausage (DF)
 S New potatoes, pasta & veg. of the day
 D American pancake & chocolate sauce

M Fish fillet (DF)
 V Vegan pizza roll (DF)
 S Chips, pasta & veg. of the day
 D Home-made cookie & fruit juice

New price per meal: £2.50

Key to menu items: M: Main V: Vegetarian S: Sides D: Dessert (DF): Dairy free

Week 1 Week 2 Week 3 Holiday/inset

Jacket potato, yoghurt, fresh fruit and fresh salad are available every day

September 2022						
S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
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23	24	25	26	27	28	29
30	31					

November 2022						
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20	21	22	23	24	25	26
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December 2022						
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023						
S	M	T	W	T	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				