



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1

- M West country sausages (DF)
- V Mediterranean quiche
- S Mash, pasta, beans
- D Toffee crisp

- M Crispy coated lemon chicken
- V Spiced green, sweet potato & lentil curry (DF)
- S Noodles, potatoes, veg. of the day
- D Iced sponge

- M Roast gammon & pineapple (DF)
- V Homity pie
- S Roast/creamed potatoes, veg. of the day, gravy
- D Chocolate mousse

- M Home-made lasagne
- V Ratatouille crumble
- S Garlic bread, veg. of the day
- D Muesli crunch

- M Fish fingers & tomato sauce (DF)
- V Pizza muffin
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie/biscuit & fruit juice

Week 2

- M Pepperoni pizza
- V Mixed curried beans
- S Wedges, pasta, veg. of the day
- D Sticky chocolate slice

- M Beef & mushroom stroganoff
- V Quorn burger (DF)
- S Mash, pasta, veg. of the day
- D Iced carrot cake

- M Roast fillet of chicken (DF) with Yorkshire pudding
- V Veggie cottage Pie
- S Roast/creamed potatoes, veg. of the day, gravy
- D Fruit cocktail & ice-cream

- M Home-made meatballs (DF)
- V Cheesy leek pasta
- S Crusty bread, pasta, veg. of the day
- D Lemon drizzle cake

- M Fishcake & tomato sauce
- V Southern fried vegan wings
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie/biscuit & fruit juice

Week 3

- M Sweet 'n' sour chicken (DF)
- V Quorn dippers (DF)
- S Rice, noodles, veg. of the day
- D Plain sponge

- M Tuna & sweetcorn pasta bake
- V Vegetable fajita (DF)
- S Crusty bread, veg. of the day
- D Scottish shortbread

- M Roast pork & stuffing (DF)
- V Parsnip, shallot & marmite tartin (DF)
- S Roast/creamed potatoes, veg. of the day, gravy
- D Profiteroles

- M Beef burger in a bap (DF)
- V Veggie sausage (DF)
- S Sauté potatoes, beans
- D Jam tart & cream

- M Salmon bites & tomato sauce (DF)
- V Spinach & mushroom pin-wheel
- S Chips, pasta, peas & sweetcorn
- D Home-made cookie/biscuit & fruit juice

Price per meal:

£2.50

Key to menu items: M: Main V: Vegetarian S: Sides D: Dessert (DF): Dairy free

Week 1 Week 2 Week 3 Holiday/inset

Jacket potato, yoghurt, fresh fruit and fresh salad are available every day

February 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July 2023						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					