

Workshops for Parents & Carers Using ‘Normal Magic’ for good mental health

Wednesday 6th February

1.30- 3.00pm

Newton Poppleford Primary School

To book a place please email:

admin@newton-poppleford.devon.sch.uk

The EH4MH Service are delivering a workshop for Parents & Carers at Newton Poppleford Primary School. We would love you to join us!

This workshop focuses on what mental health is, how we can all use M.A.G.I.C. in our interactions with children and young people to help support their mental health, the importance of balancing our mental health & positive choices we can make in doing this. You will hear how you can work alongside school in supporting your child or young person’s mental health, and learn more about looking after your own mental health!

If you would like further information please contact:

Harriet Coogan (SENCo) or Debbie Tollerfield (SENCo)

Email: admin@newton-poppleford.devon.sch.uk or Phone: 01395568300