

Friday 20th May 2022



EXMOUTH R FEJIVAL 2nd – 5th JUNE

MPERIAL RECREATION GROUND NTRANCE VIA THE ROYAL AVENUE



SCAN ME TO FIND OUT WHATS ON THIS YEAR

SUGGESTED ONAT EXMOUTHFESTIVAL.CO.UK OTHERMAN

Devon

ARTS COUNCIL

Devon

GWR Great Western Pailway





rainbow

It's back! A second state of the brightest fun run for everyone

Sunday 19 June 2022 ^(a) Escot Park, Exeter Visit **www.chsw.org.uk/rainbow** to sign up

Register early for discounted tickets

Making the most of short and precious lives across the South West

Platinum Jubilee Bank Holiday Opening



There will be a four-day bank holiday weekend this year from Thursday 2nd June to Sunday 5th June 2022. Everyone is being given two additional Bank Holidays to celebrate the Queen's 70 years of service.

The Food Bank will therefore adjust its delivery and collection days to enable the volunteer team to take time off to join in the celebrations.

<u>Tuesday 31st May 2022 – open as usual</u> 10:00 to 15:00 for donations 13:30 to 15:00 for collections/deliveries of food from the Salvation Army Hall

<u>Friday 3rd June – closed. We will deal with collections and deliveries 3 days earlier</u> instead - on Tues 31st at the times shown above.

<u>Tuesday 7th June 2022 – open as usual</u> 10:00 to 15:00 for donations 13:30 to 15:00 for collections/deliveries of food from the Salvation Army Hall

<u>Friday 10th June– open as usual</u> 10:00 to 15:00 for donations 13:30 to 15:00 for collections/deliveries of food from the Salvation Army Hall





Dates:

Wednesday 15 June

- Wednesday 22 June
- Wednesday 29 June

Free support sessions for parents and carers



Have you got teenagers? Join us online for a chat about some of the challenges young people are facing today, and find out what tools you can use to support them.

We'll be running sessions throughout June, covering topics such as:

- drugs and alcohol
- body image
- safety online

- mental health
- social risks
- peer pressure



Weekly 90 minute sessions starting at 7.00pm

Visit devon.cc/teenagers to find out more about each session and book your free place.



Entrance £2 Adult Children Free

FAMILY FUN DAY TUESDAY 31ST MAY 10AM TO 2PM

Cadhay House, Ottery St Mary

BBQ, Homemade Cakes, Tombola, Teddy Tombola, Bouncy Castle, Duck Races, Face Painting/Glitter Tattoos, Children's Games and Crafts

All proceeds to Ottery Help Scheme

