

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Week

M Toad in the hole

- Vegetable spring roll
- Sauté potatoes, pasta, gravy, veg. of the day
- D Chocolate cracknell

- Sweet 'n' sour chicken
- Macaroni cheese & crusty
- Rice, new potatoes, veg. of the day S
- Jam sponge and custard

- M Roast chicken & stuffing
- Vegetable roast
- Roast potatoes/mash, veg. of the day, gravy
- Banoffee pancake

- M Steak pie
- V Vegetable samosa
- Pasta, mash, gravy and veg. of the day
- Short cake & chocolate

- M Cod bites
- Pizza muffin
- Chips, pasta, veg. of the
- Home-made biscuit/ cookie and fruit juice

Week

M Pepperoni Pizza

- Veggie sausage
- Pasta, wedges, beans
- Chocolate & orange slice
- M Home-made lasagne
- V Vegetable burger in a bap
- **S** Garlic bread, veg. of the day
- **D** Apple cake and custard

- M Roast gammon & pineapple
- V Cauliflower cheese
- Roast potatoes/mash, veg. of the day, gravy
- D Peach Melba

M Caribbean chicken

- Cheese puffs
- Noodles/potatoes, veg. of the day
- Sticky toffee pudding &

- Salmon bites
- Cheese & onion pasty
- Chips, pasta, veg. of the
- Home-made biscuit/ cookie & fruit juice D

3 Week

M Chicken, bacon, pasta bake

- Sun dried tomato & herb omelette
- Crusty bread, veg. of the
- D Fruit crumble & custard

- M Cowboy casserole
- Quorn style chicken
- Pasta/mash, veg. of the S
- **D** Lemon iced sponge

Roast beef & Yorkshire pudding

- Homity pie
- Roast potatoes/mash, veg. of the day, gravy
- Cheese & biscuits/orange smoothie

- Beef burger in a bap
- Tomato pasta bake
- Wedges, pasta, hoops
- Oat slice & custard

- M Fish fingers
 - Vegetable fajitas
- Chips, pasta, veg. of the
- Home-made cookie/ biscuit & fruit juice

Key to menu items:

M: Main

V: Vegetarian

S: Sides

D: Dessert

Week 1

Week 2

Week 3

Holiday/inset

Jacket potato, yoghurt, fresh fruit salad, fresh salad and milk drink are available every day

September 2018						
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