



# SAINTS SOUTHWEST

A PARTNERSHIP WITH  
SOUTHAMPTON FOOTBALL CLUB

2019

# SUMMER HOLIDAY COURSES IN THE SOUTH WEST

SOCCER SCHOOLS | GOALKEEPER CAMPS | GIRLS ONLY CAMPS | MULTI SPORT CAMPS | SOCCER TOTS | SAINTS CADETS  
FOR ALL CHILDREN AGED 2-15 YEARS

## GOLDEN TICKETS!

CAN YOU FIND A GOLDEN  
TICKET INSIDE THIS FLYER TO  
WIN ONE OF OUR  
AMAZING PRIZES?

## GIRLS ONLY CAMPS

FOR ALL GIRLS AGED  
5-14 YEARS

9.00AM EARLY  
DROP OFF  
JUST £2.50

## SIBLING DISCOUNT

GET 20% OFF  
FULL DAY COURSES

## CLUB TEAM DISCOUNT

GET 10% OFF FULL DAY COURSES

EMAIL [info@saintssouthwest.co.uk](mailto:info@saintssouthwest.co.uk)  
FOR CODES

To book visit [www.saintssouthwest.co.uk](http://www.saintssouthwest.co.uk) or scan the QR code >  
For more info call 0330 223 4932 or email [info@saintssouthwest.co.uk](mailto:info@saintssouthwest.co.uk)



ONLINE SHOP NOW OPEN



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# SUMMER HOLIDAY COURSES

All children attending will be in with a chance of winning prizes, certificates, trophies and medals!

## SOCCER SCHOOLS | 10.00AM - 3.00PM

9.00AM  
EARLY DROP OFF  
£2.50

Location	Venue	Day	Dates	Ages	Price (DAY)	Price (FULL COURSE)
Paignton	Paignton Academy	Monday	29th July, 5th, 12th & 19th & Friday 30th August	5-8	£10.00	£40.00
Dawlish	Dawlish Community College	Monday	29th July, 5th, 12th & 19th August	5-12	£15.00	£45.00
Plymouth	Torbridge High School	Monday	29th July, 5th, 12th & 19th August	5-8	£10.00	£30.00
Torquay	Torquay Boys' Grammar	Tuesday	30th July, 6th, 13th, 20th & 27th August	5-12	£10.00	£40.00
Crediton	Crediton FC	Tuesday	30th July, 6th, 13th, 20th & 27th August	5-12	£15.00	£60.00
Ottery	Ottery Leisure Centre	Tuesday	30th July, 6th, 13th, 20th & 27th August	5-8	£10.00	£40.00
Exeter	Exeter Arena	Wednesday	31st July, 7th, 14th, 21st, 28th August	5-8	£10.00	£40.00
Dartmouth	Dartmouth Academy	Wednesday	31st July, 7th, 14th, 21st, 28th August	5-12	£15.00	£60.00
Langport	Huish Leisure	Wednesday	31st July, 7th, 14th, 21st, 28th August	5-8	£10.00	£40.00
Newton Abbot	Coombeshead Academy	Thursday	1st, 8th, 15th, 22nd, 29th August	5-8	£10.00	£40.00
Taunton	Castle School	Thursday	1st, 8th, 15th, 22nd, 29th August	5-8	£10.00	£40.00
Okehampton	Ashbury Hotel	Thursday	1st, 8th, 15th, 22nd, 29th August	5-12	£15.00	£60.00
Kingsbridge	Kingsbridge Community College	Friday	2nd, 9th, 16th, 23rd, 30th August	5-12	£15.00	£60.00
Paignton	White Rock Primary School	Friday	2nd, 9th, 16th, 23rd August	5-12	£10.00	£30.00
Exeter	Bowhill Primary School	Friday	2nd, 9th, 16th, 23rd, 30th August	5-11	£15.00	£60.00

SAINTS SOCCER TOTS (2-4 YEARS) AVAILABLE AT ALL VENUES ABOVE: 2.00PM - 2.45PM | **ONLY £4.00**

## SOCCER SCHOOL THEMES

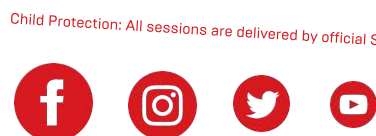
**WEEK 1: STRIKING & FINISHING | WEEK 2: FOOTBALL OLYMPICS**

**WEEK 3: NATIONS LEAGUE | WEEK 4: FOOTGOLF | WEEK 5: TOURNAMENT WEEK**

## TRAIN LIKE A PRO | 10.00AM - 3.00PM | AGES 9-12

Location	Venue	Day	Dates	Ages	Price (DAY)	Price (FULL COURSE)
Paignton	Paignton Academy	Monday	29th July, 5th, 12th & 19th & Friday 30th August	9-12	£10.00	£40.00
Plymouth	Torbridge High School	Monday	29th July, 5th, 12th & 19th August	9-12	£10.00	£30.00
Torquay	Torquay Boys' Grammar	Tuesday	30th July, 6th, 13th, 20th & 27th August	9-12	£10.00	£40.00
Ottery	Ottery Leisure Centre	Tuesday	30th July, 6th, 13th, 20th & 27th August	9-12	£10.00	£40.00
Exeter	Exeter Arena	Wednesday	31st July, 7th, 14th, 21st, 28th August	9-12	£10.00	£40.00
Langport	Huish Leisure	Wednesday	31st July, 7th, 14th, 21st, 28th August	9-12	£10.00	£40.00
Newton Abbot	Coombeshead Academy	Thursday	1st, 8th, 15th, 22nd, 29th August	9-12	£10.00	£40.00
Taunton	Castle School	Thursday	1st, 8th, 15th, 22nd, 29th August	9-12	£10.00	£40.00

SAINTS CADETS (13 - 15 YEARS) AVAILABLE AT ALL VENUES ABOVE: 9.15AM - 3.00PM | **FREE**



Child Protection: All sessions are delivered by official Saints Southwest coaches who are FA/UEFA accredited and licensed. All staff are enhanced FA DBS checked. Disclosures available upon request. Saints Southwest also have a strict Child Welfare and Anti-Bullying policies in place to ensure all children are safe.

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# SUMMER HOLIDAY COURSES

All children attending will be in with a chance of winning prizes, certificates, trophies and medals!

## GOALKEEPER CAMPS | 10.00AM- 3.00PM | AGES 6-12

9.00AM  
EARLY DROP OFF  
£2.50

Location	Venue	Day	Dates	Ages	Price (DAY)	Price (FULL COURSE)
Paignton	Paignton Academy	Monday	29th July, 5th, 12th & 19th & Friday 30th August	6-12	£12.00	£48.00
Torquay	Torquay Boys' Grammar	Tuesday	30th July, 6th, 13th, 20th & 27th August	6-12	£12.00	£48.00
Crediton	Crediton FC	Tuesday	30th July, 6th, 13th, 20th & 27th August	6-12	£15.00	£60.00
Exeter	Exeter Arena	Wednesday	31st July, 7th, 14th, 21st, 28th August	6-12	£12.00	£48.00
Newton Abbot	Coombeshead Academy	Thursday	1st, 8th, 15th, 22nd, 29th August	6-12	£12.00	£48.00
Taunton	Castle School	Thursday	1st, 8th, 15th, 22nd, 29th August	6-12	£12.00	£48.00
Paignton	White Rock Primary School	Friday	2nd, 9th, 16th & 23rd August	6-12	£12.00	£36.00

## GOALKEEPER CAMP THEMES

WEEK 1: DEALING WITH CROSSES | WEEK 2: HANDLING

WEEK 3: DISTRIBUTION | WEEK 4: SHOT STOPPING | WEEK 5: GOALKEEPER WARS

## MULTI SPORT CAMPS | 9.00AM - 3.00PM | AGES 5-11

Location	Venue	Day	Dates	Ages	Price (DAY)	Price (FULL COURSE)
Somerton	King Ina Primary School	Monday	29th July, 5th, 12th & 19th August	5-11	£15.00	£45.00
Chulmleigh	Chulmleigh Primary School	Thursday	1st, 8th, 15th, 22nd, 29th August	5-11	£15.00	£60.00
Lapford	Lapford Primary School	Friday	2nd, 9th, 16th, 23rd, 30th August	5-11	£15.00	£60.00
Exeter	Bowhill Primary School	Friday	2nd, 9th, 16th, 23rd, 30th August	5-11	£15.00	£60.00

## GIRLS ONLY CAMPS | 10.00AM - 3.00PM | AGES 5-14

Location	Venue	Day	Dates	Ages	Price (DAY)	Price (FULL COURSE)
Paignton	Paignton Academy	Monday	29th July, 5th, 12th & 19th & Friday 30th August	5-14	£10.00	£40.00
Plymouth	Torbridge High School	Monday	29th July, 5th, 12th & 19th August	5-14	£10.00	£40.00
Torquay	Torquay Boys' Grammar	Tuesday	30th July, 6th, 13th, 20th & 27th August	5-14	£10.00	£40.00
Crediton	Crediton FC	Tuesday	30th July, 6th, 13th, 20th & 27th August	5-14	£10.00	£40.00
Ottery	Ottery Leisure Centre	Tuesday	30th July, 6th, 13th, 20th & 27th August	5-14	£10.00	£40.00
Exeter	Exeter Arena	Wednesday	31st July, 7th, 14th, 21st, 28th August	5-14	£10.00	£40.00
Langport	Huish Leisure	Wednesday	31st July, 7th, 14th, 21st, 28th August	5-14	£10.00	£40.00
Newton Abbot	Coombeshead Academy	Thursday	1st, 8th, 15th, 22nd, 29th August	5-14	£10.00	£40.00
Taunton	Castle School	Thursday	1st, 8th, 15th, 22nd, 29th August	5-14	£10.00	£40.00



### GIRLS ONLY CAMPS

[5-14YEARS]

Girls' Soccer Schools offer exceptional value for money, and the opportunity for young players to improve their skills through a structured and enjoyable coaching programme devised and delivered by experienced and FA qualified coaches. The courses are action packed days which allows children to learn new skills and improve match play whilst having fun.

[www.saintssouthwest.co.uk](http://www.saintssouthwest.co.uk)



## ADDITIONAL INFORMATION

### SAINTS SOCCER TOTS (2-4 YEARS)

Saints Soccer Tots sessions are aimed at ALL children aged 2-4 year olds. These sessions are designed to provide an enjoyable start into sport and football where they can develop their skills. The main focus of these sessions are to ensure all children have a fun and positive experience as well as developing their fundamental skills, listening, discipline & socialising skills.



### SOCCER SCHOOLS (5-8 & 5-12 YEARS)



Soccer Schools offer exceptional value for money, and the opportunity for young players to improve their skills through a structured and enjoyable coaching programme devised and delivered by experienced and FA qualified coaches. The courses are action packed days which allows children to learn new skills and improve match play whilst having fun.

### TRAIN LIKE A PRO (9-12 YEARS)

TRAIN AS A CLUB  
FOR JUST £100

Train like a Pro days are aimed at ALL children aged 9-12 years old, they are open to individual players and grass-root teams. The day will give children an insight into what a professional football players' training day can look like, from a morning brief followed by strength & conditioning, technical, functional practice and match analysis. The children will also receive advice on basic nutrition, providing them with an understanding of how important this can be to lead a healthy lifestyle.



### SAINTS CADETS (13-15 YEARS)



Saints Cadets is open to older children aged 13-15 years old. The day will involve; both guided & peer-to-peer learning through working with and alongside qualified Saints Southwest coaches, providing the opportunity to lead basic football sessions with young children. This programme will also provide young people with the chance to take ownership and be able to demonstrate leadership through football and sport.

# BIRTHDAY PARTIES

CELEBRATE YOUR CHILD'S SPECIAL DAY WITH A FOOTBALL OR MULTI-SPORTS PARTY

Party Bags | Gifts | Cakes | Cards | Invites

FROM £60.00



[www.saintssouthwest.co.uk](http://www.saintssouthwest.co.uk) [info@saintssouthwest.co.uk](mailto:info@saintssouthwest.co.uk) 03302234932

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