



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1

M Hot dog with tomato sauce (DF)
 V Spinach & chickpea frittata
 S Pasta, seasonal vegetables
 D Jam sponge

M Carbonara pasta
 V Vegetarian chilli (DF)
 S Crusty bread, seasonal vegetables
 D Summer crumble

M Roast chicken & Yorkshire pudding (DF)
 V Quorn cottage pie
 S Roast or creamed potatoes, seasonal vegetables, gravy
 D Sugared ring donut

M Steak & mushroom pie
 V Vegetarian sausage (DF)
 S Mash, new potatoes, seasonal vegetables
 D Fruit jelly

M Fish fillet (DF)
 V Mexican burrito
 S Chips, pasta and seasonal vegetables
 D Home-made cookie/biscuit & fruit juice

Week 2

M Southern style chicken goujons (DF)
 V Macaroni cheese
 S Pasta, wedges, seasonal vegetables
 D Toffee crisp crunch

M Margherita pizza
 V Spring roll
 S Saute potatoes, pasta, seasonal vegetables
 D Raspberry ripple ice-cream roll sponge

M Roast loin of pork & apple sauce (DF)
 V Vegetarian Roast
 S Roast or creamed potatoes, seasonal vegetables, gravy
 D American pancake & toffee sauce

M Pulled pork bap (DF)
 V Vegetarian burger bap (DF)
 S Pasta, potatoes, seasonal vegetables
 D Iced carrot cake

M Salmon Bites (DF)
 V Cheese & onion pasty
 S Chips, pasta, and seasonal vegetables
 D Home-made cookie/biscuit & fruit juice

Week 3

M Home-made lasagne
 V Vegetarian wrap (DF)
 S Garlic bread & seasonal vegetables
 D White chocolate short cake

M Chicken tikka masala
 V Vegetable nuggets (DF)
 S Rice, cous cous, naan bread, seasonal vegetables
 D Oaty biscuit bake

M Roast gammon & pineapple (DF)
 V Homity pie
 S Roast or creamed potatoes, seasonal vegetables, gravy
 D Fruit smoothie

M Home-made meatballs (DF)
 V Vegetable stroganoff
 S Pasta, seasonal vegetables
 D Iced sponge

M Jumbo fish finger
 V Vegetarian quiche
 S Chips, pasta and seasonal vegetables
 D Home-made cookie/biscuit & fruit juice

If you have any allergy concerns, please email the school office

Key to menu items: M: Main V: Vegetarian S: Sides D: Dessert (DF): Dairy Free Week 1 Week 2 Week 3 Holiday/inset
 Jacket potato, yoghurt, fruit salad & fresh salad are available every day

February 2021						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
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28						

March 2021						
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April 2021						
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May 2021						
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30	31					

June 2021						
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July 2021						
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25	26	27	28	29	30	31

Welcome to the February 2021 Scomis Online Safety Newsletter for Parents

Misleading Content (Fake News)

Latest research from UK Safer Internet Centre identifies half of young people encounter misleading content (fake news) online every day!

62% of young people have had friend requests from people they don't know

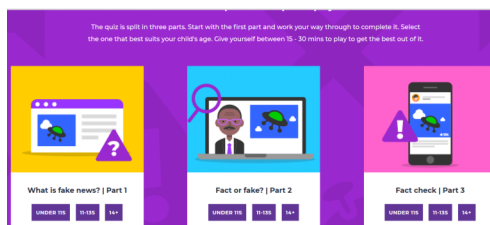
Easy to read summary report [here](#)

Read the full report [here](#)

Find out how to tackle misinformation (fake news) - explore [Internet Matters](#) fake news and misinformation advice hub. Learn:

- more about what fake news is
- how to protect your child from it
- how to deal with it if they have been affected by it

Take the 'age-appropriate' [quiz](#) with your child to test their knowledge of fake news and misinformation



Do you know the gambling-like risks of Online Gaming?

What is a loot box?

What does F2P mean?

What is skin gambling?

Find out the answers to the above questions and more by visiting [Parent Zone](#)

Parent Zone and [GambleAware](#) have partnered to help families:

- learn about gambling-like risks children may face playing online games
- practical steps parents and carers can do to keep gaming fun (but safer)

Review a short video and find out more [here](#) including:

- Top Tips
- Glossary
- Quiz
- FAQs



Want to speak to someone about gambling?

If you are looking for help, advice or support in relation to your or someone else's gambling, please go to [BeGambleAware.org](#) or contact the National Gambling Helpline on 0808 8020 133

HELP IN THE HOLIDAYS!

Remember FREE advice is just a phone call away from the O₂ and NSPCC helpline **0808 800 5002**
Childline **0800 1111**

Have you heard of MeWe ?

Recommended Age 16+

MeWe is a free social networking app in direct competition with Facebook.



Registration is via email or phone number.

Contains:

- optional in-app purchases, including a new dark theme,
- emoji packs
- unlimited voice and video chat

Users can:

- share their locations within the app
- use privacy settings to limit contact and chat requests

Find out more and read review by [CommonSense Media](#)

Internet Matters—Inclusive Digital Safety

What is Inclusive Digital Safety?

Visit [Internet Matters](#) Inclusive Digital Safety advice hub and discover advice for parents and carers including:

- Supporting children with SEND online
- Supporting a care experienced child online
- Tackling Online Safety issues
- Accessing free resources
- Setting up devices safely
- Balancing screentime



Review the short video on [Inclusive Digital Safety](#) and download the [guide](#)

Online Safety and Coronavirus

The Coronavirus pandemic has changed young people's lives dramatically with children spending more time at home and online.

The [NSPCC](#) has lots of help/advice and guidance for parents and carers to help talk children and young people about:

- Staying safe online
- Apps and sites they may be using
- Using social media safely
- Livestreaming
- Screentime

Book a free online safety webinar

The NSPCC are offering free webinars for groups of parents and carers.

Delivered by experienced NSPCC staff, topics covered include:

- understanding the risks and benefits of being online for children
- practical things you can do to help your children stay safe online
- knowledge of the tools and resources that can help you.

If you'd like to organise a webinar on behalf of a group, please email: parentworkshops@nspcc.org.uk



Buddleigh Spring Weekend - 13th and 14th March 2021

All tickets £8

Children and family events FREE from 4th March (World Book Day) until 19th March

Prices for children's books are listed below.

All books and tickets are available from our website - www.budlitfest.org.uk

Discounted book and ticket option available (inc p&P) for adult events

Dear Colleagues,

We hope you are all well and coping with the very strange current situation in schools. It must be very difficult juggling all aspects of education at the moment.

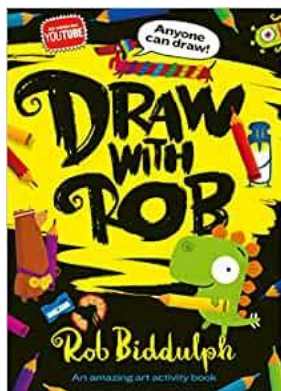
We are still here and hoping to do something with you all in September but that it still a long way ahead. In the meantime, we have some virtual spring events on offer. We have outlined our exciting talks available to adults, families and children below. Those aimed at adults will be £8 each BUT the family and children events are FREE. To access the free events, go to our website - www.budlitfest.org.uk

Sita's book will not be available to order on the website. It will be available to buy from many supermarkets and other locations and the Festival will be distributing copies free of charge to local schools for their libraries.

Please let parents and children know about the FREE events via your school websites, live and zoom lessons and school newsletters. We hope you enjoy the talks and please email me if you require further information.

Best wishes

Jennie and team.



Rob Biddulph: Draw Along

Rob Biddulph is a multi-award winning author and illustrator and the official World Book Day illustrator last year and in 2019. He's recently become a lockdown sensation, producing 'Draw with Rob' videos which have helped to entertain thousands of children stuck at home. Rob will be doing a draw-along based on one of his bestselling picture books, and children be able to follow along at home and create their own characters. (Yrs 3-6)

Ticket: Free

Book: £9.20



Sita Brahmachari: *When Secrets Set Sail, The River Whale*

Sita Brahmachari is an acclaimed author and playwright and she is Writer in Residence at the Islington Centre for Refugees and Migrants, amongst many other things. Her debut novel, *Artichoke Hearts*, won the Waterstones Children Book Prize. Sita will talk about one of her popular children's books, *When Secrets Set Sail*, and her new World Book Day book, *The River Whale*, both of which touch on important themes about belonging and the modern world. (Yrs 4-5)

Ticket: Free

Book: £10.20

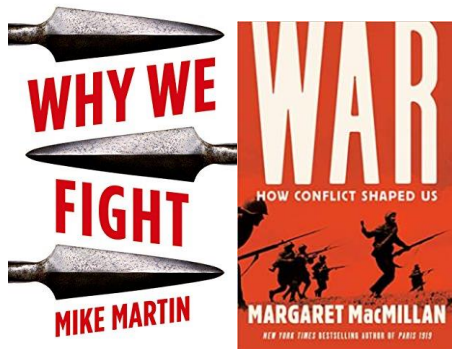


Sophy Henn *Pizazz!*

Sophy Henn is the amazing author and illustrator behind a whole host of beautifully designed children's books. *Where Bear?*, her first book, was shortlisted for the Waterstones Children's Book Prize in 2015 and she was the first person to have been chosen as the World Book Day Illustrator back-to-back in 2015/16. She'll be sharing *Pizazz*, her brand new story about a reluctant superhero. 'A witty and original reminder that superheroes are human too' – *Sunday Times*, Children's Book of the Week (yrs 2-4)

Ticket: Free

Book: £9.20



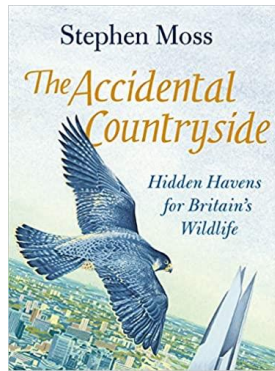
Professor Margaret MacMillan and Mike Martin - Why do we fight?

What is it about humans that makes us take up arms against each other, when we know the risks it can bring? Join a fascinating exploration of humanity's complex relationship with war and conflict, and the factors that drive us to participate in it. Margaret MacMillan is one of the most acclaimed modern historians in the world. She is Professor of History at the University of Toronto, emeritus Professor of International History at St. Antony's College, University of Oxford, was last year's Reith lecturer and is the author of many highly praised books including her latest: *War: How Conflict Shapes Us*. Joining Margaret will be Mike Martin, former British Army Officer, Visiting War Studies Fellow at King's College London and author of *Why We Fight*. Talking to Julia Wheeler.

Ticket £8

Book and Ticket for MacMillan £28.20

Book and ticket for Martin: £24.20

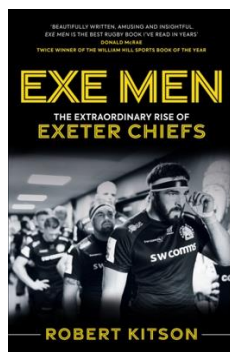


Stephen Moss *The Accidental Countryside*

Seabirds sheltering in the prehistoric stone structures of Shetland to the peat diggings in Somerset teeming with life; rare insects hidden in Belfast's docklands to the falcons that make London's Shard their home. Stephen Moss, one of Britain's leading nature writers, broadcasters and wildlife television producers brings us his latest book, *The Accidental Countryside*, which explores hidden corners of Britain where wildlife is surviving and thriving against the odds. 'Stephen Moss takes us on an exhilarating journey through place and time, providing a fascinating insight into nature's relationship with environments created by man.' Dr Mya-Rose Craig (*Birdgirl*)

Ticket: £8

Book and Ticket: £20.20



Rob Kitson with Chris Bentley: *Exe Men – the Rise and Rise of the Chiefs*

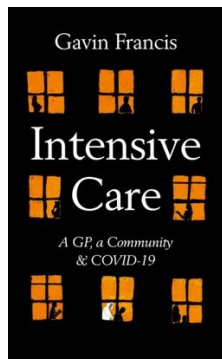
Rob Kitson has been the *Guardian's* rugby union correspondent since 1999 and is one of the UK's most respected sports writers. He will be talking to us about his book *Exe Men*, which explores the fairy tale success story of the Exeter Chiefs, the rugby club from the lower leagues who broke into the English Premiership and, against all expectations, became one of the most dominant club teams in world rugby. Chatting to him will be former rugby player Chris Bentley, who played for the Exeter Chiefs for the best part of 10 years and is now a consultant for the Club.

Sponsored by:



Ticket; £8

Book and ticket: £28.20

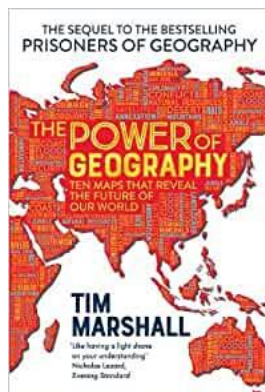


Gavin Francis: *Intensive Care* – What will be the legacy of Covid on our community?

Gavin Francis is a Scottish GP and acclaimed writer, with books including *Island Dreams*, who counts Hilary Mantel among his many fans. His latest book, *Intensive Care*, takes a new angle on the pandemic, looking at the impact not just of the virus but also of the measures introduced to tackle it. In doing so, he challenges many of our assumptions about the pandemic's legacy, offering a fascinating, beautifully written and often surprising account of one of Britain's most 'unprecedented' years in recent history and the impact it has and will have on our lives long after it is over. Talking to Tim Hubbard.

Ticket: £8

Book and ticket: £25.20

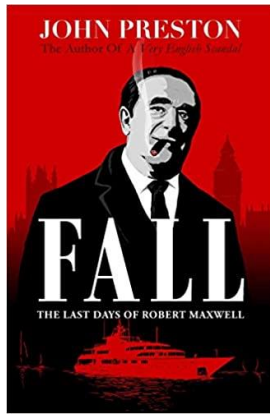


Tim Marshall: *The Power of Geography*

'If you want to understand world events, look at a map.' Tim Marshall, former Diplomatic and Foreign Affairs Editor at Sky News, first explored this idea in his globally bestselling and critically acclaimed *Prisoners of Geography*, which examined how a nation's climate and landscape limit its choices. Now he returns with the much-anticipated sequel, *The Power of Geography*, looking at how ten different regions in the world are shaping global politics and power today, and what that will mean for our future. Talking to Julia Wheeler.

Ticket: £8

Book and ticket: £25.20

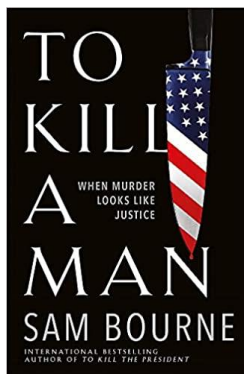


John Preston *Fall – The Mystery of Robert Maxwell*

The former writer and Arts Editor for the *Evening Standard* and the *Sunday Telegraph* is the author of a number of books including the bestselling *A Very English Scandal*, made into a popular BBC drama starring Hugh Grant, and *The Dig*, recently launched on Netflix with Ralph Fiennes. He'll be sharing the stories behind his new book, *Fall*, the jaw-dropping account of one of the 20th century's most notorious business tycoons and one-time MP Robert Maxwell – what made him the enigma he was and what was behind his extraordinary and controversial disappearance.

Ticket: £8

Book and ticket: £27.20

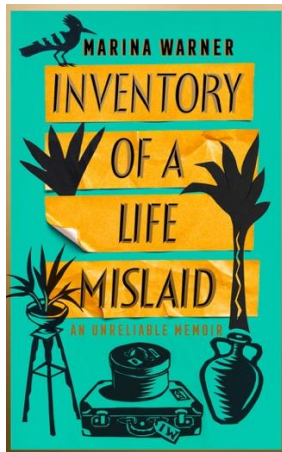


Sam Bourne (aka Jonathan Freedland) - *To Kill A Man*

Sam Bourne is the pseudonym of Jonathan Freedland, the award-winning journalist and broadcaster who has written a weekly column for the *Guardian* since 1997, having previously served as the paper's Washington correspondent. As Sam Bourne, he is an enormously successful novelist: his debut, *The Righteous Men*, was a Richard and Judy Summer Read and a No 1 bestseller. His next two, *The Last Testament* and *The Final Reckoning*, were both top ten bestsellers. He'll be talking about his latest, a fast-paced conspiracy thriller exploring the world of American politics and ideas of justice.

Ticket: £8

Book and ticket: £20

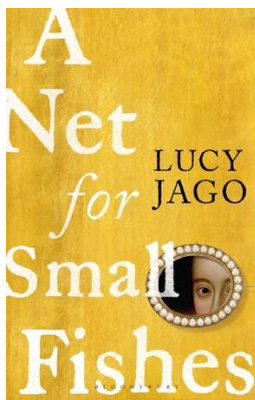


Dame Marina Warner – Inventory of a Mislaid Life

The acclaimed writer of fiction, non-fiction and short stories, and the first female president of the Royal Society of Literature, joins us to talk about her evocative new book which she describes as an unreliable memoir. It considers her childhood in Egypt, sparked by the discovery of an old map of Cairo, and pieces together the reckonings and discoveries her Italian mother and English father made during the first years of their marriage. The book powerfully resurrects the fraught union and unrequited hopes of Warner's parents and memory intertwines richly with myth and vivid recollections of Cairo.

Ticket: £8

Book and ticket: £25.50



Lucy Jago - A Net for Small Fishes

Lucy Jago's first book, *The Northern Lights*, won the National Biography prize and her highly-anticipated debut novel – widely tipped for huge success - is based on the true scandal that rocked the court of James I, and the strange friendship between two women. It is an exhilarating dive into the pitch-dark waters of the Jacobean court and described by the *Telegraph* as: 'Sumptuous ... If you're feeling bereft after finishing *The Mirror and the Light*, let Jago transport you to the Jacobean court'. Talking to historical novelist, Clare Clark.

Ticket: £8

Book and ticket: £25.50

Babcock School Library Service 'Toilet Roll Challenge' for World Book Day 4th March 2021

Run the competition in your school and then email us with photographs of your winning entries for each category.
Open to all schools (subscribing or non-subscribing).

5 Categories

KS1
Year 3/4
Year 5/6
KS3
Staff



The Brief:

- The design should be created using cardboard tubes whilst in their original cylindrical shape – that's the challenge!
- The tubes cannot be wrapped in paper but it is acceptable to stick things on to create the design.
- The design should represent your favourite book character or book.
- Any size cardboard tube is acceptable e.g. kitchen roll tube, wrapping paper tube.
- Any medium can be used to achieve this e.g. felt tip, ink, paint, collage.

The deadline for entries is 5pm Friday 26th February.

Email photos of your winning entries to

ldp-schoolslibraryservicecentral@babcockinternational.com

Judging will take place on 1st March with the winning schools notified on 2nd March.

Prizes should be sent out in time for World Book Day.

