

# Do you receive Healthy Start? You could claim FREE local fruit and veg boxes now!

If you receive Healthy Start you could claim up to **3 FREE** local fruit and veg boxes in March from a local fruit and veg supplier, worth £10 per box!

Devon County Council are teaming up with a number of local suppliers to provide the boxes, and in addition you will receive a useful information booklet on the scheme and tasty and nutritious seasonal recipes.

### How to claim your free boxes

- You must be receiving Healthy Start and reside in the Devon County Council area (excluding Torbay and Plymouth). You can check your local authority area here: <u>Find your local council - GOV.UK</u> (www.gov.uk).
- Visit the <u>Devon Food Partnership website</u> to find if there is a local supplier near you and information on how to order, and order deadlines – participating suppliers are located in East Devon, West Devon, South Hams, Exeter, Torridge (Winkleigh) & Teignbridge
- Contact your local supplier to find out what is in the box and place your order
- Provide proof of eligibility to your local supplier this could be proof of your Healthy Start card or voucher
- Collect your box and enjoy!

If you enjoyed your 3 free boxes, you can continue to order the boxes through your local supplier using your new Healthy Start card to pay on collection – you can find out more about the Healthy Start card below. In addition to the delicious fresh produce, you will also continue to receive recipes from the supplier to make the most of the season's offerings.

If there is no supplier available in your local area at this time, the new Healthy Start card can be used at a broader variety of retailers than the vouchers – they just have to be able to accept in person card payments and sell the permitted Healthy Start items.

## **Healthy Start is changing**

You may already know, but Healthy Start has become digital. This means that as of the end of March, the paper vouchers will no longer be valid and will be replaced by a prepaid Mastercard with PIN instead. This change means that it can be used in a larger number of retailers, to find out more, visit the <u>Healthy Start</u> <u>website</u>. Everyone will need to reapply for the new scheme though, even if you already receive the vouchers - you can check your eligibility and apply <u>online</u>.

### Local Suppliers participating in the trial

#### **Project Food**

www.project-food.org.uk To order a box please call 01297 631782 or email <u>info@project-food.org.uk</u>. Areas covered: Axminster and surrounding areas Collection point: Project Food, EX13 5DU

#### **Shillingford Organics**

www.ooooby.org/shillingfordorganics To order a box please contact 01392 832729. Areas covered: St. Thomas, Cranbrook Collection point: St. Thomas Library – Exeter Knights Farm Shop www.knightsfarmshop.co.uk To order a box please contact info@knightsfarmshop.co.uk. Areas covered: Ottery St. Mary and surrounding areas Collection point: Knights Farm Shop, EX11 1RJ

#### In My Back Yard CIC

https://openfoodnetwork.org.uk/inmybackyard/shop To order a box please call 01297 680680 or email feedme@inmybackyard.co Areas covered: East Devon Collection point: Friday afternoons Natural Worx, Seaton IMBY Hub, Branscombe, EX12 3BL Filfull, Sidmouth Ottery St Mary, EX11 1BZ Honiton, EX14 1AB

#### **Dartmoor Community Kitchen Hub**

www.communitykitchenhub.org.uk

To order a box please email <u>healthystartfeedingdevon@gmail.com</u> or go to <u>https://www.facebook.com/feedingdevon</u> for more information.

Areas covered: Bovey Tracey, Yelverton, Horrabridge, Princetown, Tavistock, Buckfastleigh, Ashburton Collection point: From mobile grocery shops in public car parks, community centres, and local primary schools

#### The Apricot Centre CIC

www.apricotcentre.co.uk To order a box please email apricotcentrefarm@gmail.com Areas covered: Dartington and surrounding areas Collection point: The Apricot Centre, Dartington, TQ9 6AA

#### Down Farm Market Garden Ltd.

www.down-farm.com To order a box please email <u>hello@down-farm.com</u> or contact Liv on 07739892488. **Areas covered:** Winkleigh and surrounding areas **Collection points:** Down Farm, Winkleigh EX19 8DN; Sandford Community Stores; Westward Barbell Gym, Crediton The Globe Inn, Beaford

#### **Devon and Cornwall Food Action**

www.devonandcornwallfoodaction.org To order a box please text 'Healthy Start Box' to 07546 917537. Areas covered: Ivybridge, South Brent, Bere Alston, Buckland Monachorum Collection points: From mobile grocery shops in public car parks, community centres, and local primary schools.

#### Harvest Workers Co-op

www.harvestworkerscoop.org.uk To order a box please contact <u>hello@harvestworkerscoop.org.uk</u>. Areas covered: Okehampton and surrounding areas Collection points: The Harvest Farm Shop – Okehampton