

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Week 1

M West country sausages

- V Spanish omelette
- S Creamed potatoes, pasta & beans
- D Iced cake

- M Pork burger in a bab
- V Vegetarian sausages
- Pasta, potatoes and vegetables of the day
- D Oat slice

M Roast beef & Yorkshire pudding

- V Roast vegetable tartlet
- Roast or creamed potatoes, seasonal veg. & gravy
- D Meringue nest with cream & fruit

- M Hunter's chicken
- V Vegetarian Fajitas
- Noodles, wedges, vegetables of the day
- D Sticky chocolate slice

- M Fish fingers & tomato sauce
- **V** Falafels
- S Chips, pasta & seasonal vegetables
- D Home-made cookie & fruit juice

Week 2

M Spaghetti Bolognaise

- V Spring roll
- S Garlic bread, veg. of the day
- D Apple gingerbread

- M Chicken nuggets
- Veggie chilli wrap
- Pasta, potatoes, hoops
- D Sticky Toffee Pudding

- M Roast chicken & stuffing
- V Cauliflower cheese
- Roast or creamed potatoes, seasonal veg. & gravy
- D Fruit jelly

- M Home-made sausage rolls
- V Veggie burger
- S Pasta, potatoes, vegetables of the day
- D Chocolate shortcake

- M Salmon bites & tomato sauce
- V Cheesy wheels
- Chips, pasta & seasonal veg
- D Home-made cookie & fruit juice

Week 3

M Chicken & tarragon pie

- Quorn dippers
- S Pasta, new potatoes, vegetables of the day
- D Flapjack

- M Pepperoni pizza
- **V** Mushroom & spinach risotto
- S Pasta, wedges, vegetables of the day

S: Sides

D Lemon drizzle slice

- M Roast gammon & pineapple
- Leek & potato bake
- S Roast or creamed potatoes, seasonal veg. & gravy
- D Peaches & ice-cream

- M Chicken Korma
- Vegetable Samosa
- S Noodles, rice or naan bread & vegetables
- D Pineapple crunch

- M Fish fillet & tomato sauce
- Cheese & tomato twirls
- Chips, pasta, seasonal veg.
- D Home-made cookie & fruit juice.

Key to menu items:

M: Main

V: Vegetarian

D: Dessert

Week 1

Week 2

Week 3

Holiday/inset

Jacket potato, yoghurt, fresh fruit salad, fresh salad and milk drink are available every day

September 2020							
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December 2020							
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January 2021									
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