

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



V Vegeta

- **M** Spaghetti Bolognaise
- **V** Vegetable Lasagne
- **S** Garlic bread, sweetcorn
- D Ginger slice & custard

- M Crispy coated chicken
- V 3 bean vegetarian chilli
- S Rice, wedges, veg. of the
- D Iced carrot cake

- M Roast pork & apple sauce
- V Roast vegetable tart
- S Roast or creamed pots, seasonal veg. & gravy
- D Jelly & ice-cream

- M Sausage wheel
- V Vegetable 'meat' loaf
- **S** Mash, pasta & beans
- D Chocolate crunch

- M Salmon bites
- V Cheesy wheel
- S Chips, pasta & seasonal veg.
- D Home-made cookie & fruit juice

Week 2

3

Week

9 A

M Sausage baguette

- **V** Vegetable risotto
- **5** Wedges, pasta & beans
- D Forest fruit crumble & custard

- M Savoury pork casserole
- V Sweet potato & lentil curry
- **S** Rice, new potatoes, veg. of the day
- **D** Flapjack

- M Roast chicken & stuffing
- V Country garden crumble
- S Roast or creamed potatoes, seasonal veg. & gravy
- D Fruit meringue mess

- M Home-made meatballs
- / Veggie sausage wrap
- S Cous-cous, noodles, veg. of the day
- D Chocolate cake & sauce

- M Fish fingers & tomato sauce
- / Vegetarian quiche
- Chips, pasta & seasonal veg.
- b Home-made cookie & fruit juice

MEAT FREE DAY!

- M Pizza muffins
- V Vegetable nuggets
- **S** Pasta, wedges & veg. of the day
- D White chocolate shortcake

- M Chicken, mushroom & tarragon pie
- V Vegetable burger
- **S** Pasta, sauté potatoes & veg. of the day
- D Apple & date square

- M Roast gammon & pineapple
- V Butternut squash & goat's cheese gratin
- S Roast or creamed potatoes, seasonal veg. & gravy
- D Iced sponge

- M Crispy meat flan
- **V** Veggie sausages
- S Mash, pasta & veg. of the day
- **D** Fruit smoothie

- M Fish fillet & tomato sauce
- V Noodle wrap
- S Chips, pasta & seasonal vegetables
- D Home-made cookie & fruit juice

Key to menu items:

- M: Main
- V: Vegetarian
- S: Sides
- D: Dessert

Week 1

Week 2

Week 3

Holiday/inset

Jacket potato, yoghurt, fresh fruit salad, fresh salad and milk drink are available every day

February 2018									
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April 2018												
 												
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