SCHOOL MATTERS

THE WEEKLY NEWSLETTER FROM NEWTON POPPLEFORD SCHOOL

FRIDAY 15TH JANUARY 2021

FROM THE HEADTEACHER

In these tough times of lockdown, we all know how hard it is for families trying to juggle priorities. If you need any support at all from the school office, then please don't hesitate to contact us. We are very willing to try to help with anything that we can, including but not limited to the following:

Helping with access to online learning: password re-sets, helping to try and sort logging in issues etc. We may not be able to solve a problem immediately but we will do our best to solve issues as quickly as we can.

Free school meals: if your circumstances have changed and you think your child might be eligible for free school meals then you can apply for these via the Citizen portal online: https://oneonline.devon.gov.uk/CCSCitizenPortal_LIVE/en. If you have more than one child, you will need to apply for each separately. If you need help in doing this, please let us know.

If your family is struggling financially and would benefit from using a food bank then we can make referrals to local food banks. Please contact us via phone or email if you need this support.

If you have any concerns that we may be able to help with, then please get in touch. If we can't help you ourselves, then we might be able to give you the contact details of someone or an organisation that can help.

If parents or children are finding it hard to log into Accelerated Reader, then please use this link: https://www.html.co.uk/6712093



This week's Newton Poppleford food parcel for one child to replace a school meal.

www.newton-poppleford.devon.sch.uk

101395 568300

 \boxtimes admin@newton-poppleford.devon.sch.uk

The Twilight after school club phone number is @07513269489



What a great job preschool, reception, years 5 and year 6 did yesterday in preparing the allotment ready for a spring/summer season of growing more fruit and vegetables.

FROM MR LONG

Below are a few links to YouTube that I would like you to try. These are for both KS1 and 2. You can also get your parents involved. They



come from Mr Williams at Sidmouth College. These links are also available on the sports pages of our website.

The challenges were created for use in a back garden but can be done inside with little space or equipment. They are not so much about completing them in a set time but about doing the exercise correctly. Try to set yourself a target time/number that you can beat tomorrow and then the day after.

Why not send your videos of you trying these challenges back to us at school?

1 The Squat Challenge https://youtu.be/Dix4P10Y770

This is a simple challenge that students can do. All students have to do is copy me! When the song says "Sally down" you squat when it says "Sally up" students can come up. Can students last the whole song?!

2 The Plank Challenge https://youtu.be/bA4fFzhbHJw

This is a tricky challenge which some may struggle with. It is quite long and the timing is tricky. Well at least I found it tricky! Students have to do the plank and then the Cha-Cha Slide. "slide to the left, slide to the right" etc.

3 The Skipping Challenge https://youtu.be/3ttPXJdlm_8

This is easy to set up. Can students skip 100 times? Sounds easy but can students do it quickly? If students are struggling divide it into sections or skip with family members to make it slower.

4 The Tennis Racket Challenge https://youtu.be/DqfiTeAHj_A

This is a fun challenge. Do different activities while balancing or bouncing a ball on a Tennis racket. Students can also adapt the activities or the equipment if they don't have a racket and Tennis ball.